IN-PERSON SUPPORT GROUPS

Presented by the Alzheimer's Association





SANTA BARBARA COUNTY

2nd & 4th Thursdays
Carpinteria Library, 10:30-12PM
5141 Carpinteria Ave, Carpinteria 93013

1st & 3rd Tuesdays, 2-3PM
Friendship Center
83 Eucalyptus Lane, Santa Barbara 93108
*Respite available
This meeting is closed to public

2nd Tuesdays, 3-4PM
Maravilla Senior Living
5486 Calle Real, Santa Barbara 93111

2nd & 4th Mondays, 3-4:30PM
San Vicente
340 Old Mill Road, Santa Barbara 93110

1st Tuesday- Support Group
3rd Tuesday-Education, 5-6:30PM
Sansum Clinic
215 Pesetas Lane, 3RD Floor Conference Room,Santa Barbara 93110

2nd & 4th Mondays, 10-11:30AM
Heritage House
5200 Hollister Ave Goleta 93111

TO REGISTER OR LEARN MORE, PLEASE VISIT ALZ.ORG/CRF OR CALL OUR 24/7 HELPLINE: 800.272.3900.

MONTHLY ONLINE SUPPORT GROUPS

2nd Friday, 2:30-4PM
Facilitator: Dina O. (In partnership w/ CCRC)

Every Wednesday, 2:30-4PM
Facilitator: Valeria M.
(In partnership w/ Senior Concerns)

MONTHLY GROUPS FOR ADULT CHILD CAREGIVERS

1st & 3rd Thursdays, 9:30-11AM
Facilitator: Samantha C.
(In partnership w/ Senior Concerns)

MONTHLY GROUPS FOR THOSE WITH MEMORY LOSS & CARE PARTNERS

1st, 2nd & 3rd Thursdays, 1-2:30PM
Facilitator: Dr. Joe

MONTHLY GROUPS FOR THOSE WHO HAVE LOST A LOVED ONE TO DEMENTIA

1st Monday, 6-7PM
Facilitator: Jackie M.

GRUPO DE APOYO EN ESPAÑOL

2nd y 4th Sábado, 10:00-11:30AM
Facilitator: Rosalyn R.