

IN-PERSON SUPPORT GROUPS

Presented by the Alzheimer's Association



VENTURA COUNTY

1st & 3rd Fridays, 10-11:30AM

Senior Concerns

401 Hodencamp Road, Thousand Oaks 91362

1st & 3rd Tuesdays, 5:30-7PM

Aegis of Ventura

4964 Telephone Road, Ventura 93003

1st & 3rd Tuesdays, 2-3PM

2nd & 4th Tuesdays, 6:30-7:30pm

Covenant of Grace Church

1801 Joliet Place, Oxnard 93030

1st & 3rd Thursdays, 10:30-12PM

Simi Valley Senior Center

3900 Avenida Simi, Simi Valley 93063

1st & 3rd Fridays, 9:30-11:00AM

Goebel Adult Community Center

1385 E Janss Road, Thousand Oaks

1st & 3rd Mondays, 1-2:30PM

LGBT+ Caregiver

Goebel Adult Community Center

1385 E Janss Road, Thousand Oaks

1st & 3rd Wednesdays, 1-2:30PM

Rancho Santa Paula

500 W Santa Maria Street, Santa Paula 93060

2nd Saturdays, 10-11:30AM

Laurel Heights

13960 Peach Tree Hill Road, Moorpark 93021

2nd & 4th Saturdays, 10-11:30AM

Sunrise of Westlake Village

3101 Townsgate Road, Thousand Oaks 91362

2nd & 4th Wednesdays, 9:30-11AM

Cypress Place

1200 Cypress Point Lane, Ventura 93003

2nd & 4th Mondays, 10-11:30AM

Gables of Ojai

701 Montgomery Street, Ojai 93023

2nd & 4th Fridays, 11AM-12:30PM

Oakmont of Camarillo

305 Davenport St, Camarillo 93012

MONTHLY ONLINE SUPPORT GROUPS

2nd Friday, 2:30-4PM

In partnership w/ CCRC

Every Wednesday, 2:30-4PM

In partnership w/ Senior Concerns

2nd & 4th Fridays, 10-11:30AM

In partnership w/ Senior Concerns

MONTHLY GROUPS FOR ADULT CHILD CAREGIVERS

3rd & 5th Thursdays, 9:30-11AM (January only!)

In partnership w/ Senior Concerns

MONTHLY GROUPS FOR THOSE WITH MEMORY LOSS & CARE PARTNERS

1st, 2nd & 3rd Thursdays, 1:00-3:00PM

MONTHLY GROUPS FOR THOSE WHO HAVE LOST A LOVED ONE TO DEMENTIA

1st Monday, 6-7PM

GRUPO DE APOYO EN ESPAÑOL

2nd y 4th Sábado, 10:00-11:30AM