



Pesetas Multi-Specialty Clinic
215 Pesetas Lane, Santa Barbara
3rd Floor Conference Room

Schedule

5 - 6:30 PM

- **August 20** - Presentation: Dementia Diagnosis - Causes and Treatments
- **September 17** - Presentation: Helping Patients through the Stages of Dementia
- **October 1** - Support Group Meeting
- **October 15** - Presentation: Communicating with Dementia Patients
- **November 5** - Support Group Meeting
- **November 19** - Presentation: Fall Prevention for Patients with Dementia

Dementia Caregiver Information & Support

Build a support system with people who understand

Alzheimer's Association educational presentations and support groups are conducted by trained facilitators, providing caregivers of people with dementia with:

- Current information about Alzheimer's and related conditions
- A supportive connection with other caregivers
- Practical solutions to common caregiver challenges
- Strategies for coping with caregiver issues
- A safe place to share feelings, needs, and concerns
- Information about resources in our community

Free of charge and open to the community.

Educational presentations are with memory care specialist Luciana Mitzkun, and support group sessions are facilitated by Celeste Hwang.

For questions, call the **Alzheimer's Association** at **(800) 272-3900**.

Presented by the Alzheimer's Association California Central Coast Chapter and Sansum Clinic.

